## COVID-19 Guidance
For Child Care Facilities

### Sick people must stay home.

**Review your sick leave policies.**
Make sure employees and children aren’t sick when they arrive.

- **Check for symptoms.**
  - Fever, chills, cough, shortness of breath, fatigue, muscle pain, headache, loss of taste or smell, sore throat, stuffy or runny nose, nausea, vomiting, diarrhea.

- **Let high risk employees stay home.**
  - Aged 65 and over,
  - pregnant or with weakened immune systems.

### Support physical distancing.

- **Leave 6 feet between people.**
  - Choose activities that allow more physical space between children.

- **Keep children and staff in same groups of 22 or less.**
  - Split large rooms into multiple areas.

### Clean and disinfect frequently.

- **Wipe down surfaces people touch often.**
  - Like light switches, remotes, door handles, phones, countertops, tables and toys. Put away toys that are hard to clean.

### Promote health.

- **Don’t touch ready to eat food with bare hands.**
  - Use gloves, tongs or utensils.

- **Remind employees and children to wash their hands often.**
  - Scrub for 20 seconds with soap and warm water.

- **Set up handwashing stations.**
  - Provide soap, paper towels and hand sanitizer with at least 60% alcohol.

- **Cough or sneeze into a tissue or your elbow.**
  - Throw used tissues in the trash and wash your hands right away.

Learn more at tpchd.org/coronavirus.