COVID-19 Guidance
For Grocery Stores

Sick people must stay home.

Review your sick leave policies.
Make sure employees aren't sick at the start of their shift.

Check for symptoms.
Fever, chills, cough, shortness of breath, fatigue, muscle pain, headache, loss of taste or smell, sore throat, stuffy or runny nose, nausea, vomiting, diarrhea.

Let high risk employees stay home.
Aged 65 and over, pregnant or with weakened immune systems.

Promote health.

Don't touch ready to eat food with bare hands.
Use gloves, tongs or utensils.

Frequently wash your hands with soap and warm water.
Scrub for 20 seconds.

Set up sanitizer stations around the store for customers and staff.
Use sanitizer with at least 60% alcohol.

Cough or sneeze into a tissue or your elbow.
Throw used tissues in the trash and wash your hands right away.

Support physical distancing.

Mark spots 6 feet apart for customers to wait.
Checkstand lines and high traffic areas.

Designate an employee to enforce physical distancing.
Encourage customers and staff to keep 6 feet apart.

Clean and disinfect frequently.

Wipe down surfaces people touch often.
Key pads, shopping cart and basket handles, electronics, door knobs, and counter tops.

Learn more at tpchd.org/coronavirus.