

# Stay home. Stay healthy.

## What does stay home stay healthy mean?

You must stay home except for supplies and services like:



Food and household supplies.



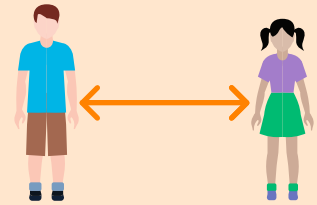
Medicine or medical care.



Travel to work for essential jobs.

## What can I still do?

Go outside and exercise.  
Practice social distance.



Keep 6 feet between you and people who don't live with you.

## What are essential jobs?

Stay home stay healthy applies to all people except those performing essential jobs like:



First responders.



Healthcare workers.



Public works.

**You will know if your job is essential.**



Avoid people you don't live with.

**Order delivery or takeout.**



## Why should I stay home?

Staying home is the best way to protect yourself, your family and your community. It helps:



Keep healthcare facilities open to those who need them.



Protect people with higher risk of severe illness.



**Reschedule non-emergency appointments.**