

# Clean and Disinfect

for COVID-19

## How do I clean and disinfect?



### Put on disposable gloves.

Throw them away when you're done.



### First, clean to remove dirt.

Use soap and water to remove dirt and some germs.



### Next, disinfect to kill germs.

Disinfectants need different times to work. Follow the directions on the label.



### Throw away gloves and wash your hands.

Scrub hands for 20 seconds with soap and warm water.

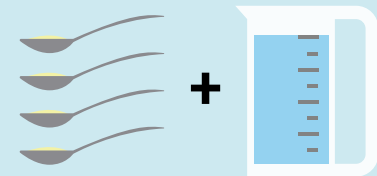
## What should I use?



Products with EPA-approved emerging viral pathogen claims.



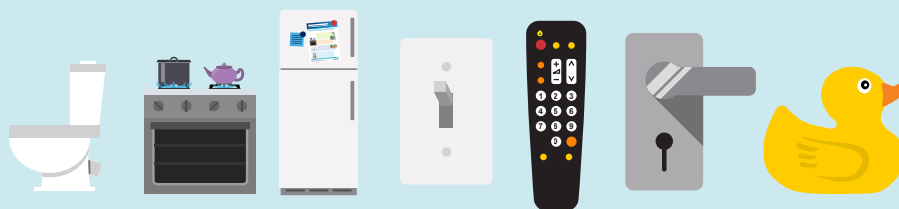
Products with at least 70% alcohol solutions.



Mix 4 teaspoons bleach with 1 quart of water.

## How often should I clean and disinfect?

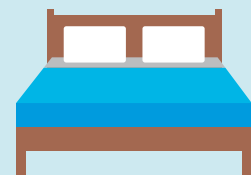
### 1-3 times a day



#### Bathrooms, kitchens and surfaces people touch often.

Like light switches, remotes, door handles, phones and toys.  
Put away toys that are hard to clean.

### Weekly



**Sleeping areas.** Clean and disinfect more often when dirty or between people.