SET UP YOUR CHILD FOR SUCCESS

TRIPLE P – POSITIVE PARENTING PROGRAM®
START STRAIGHT AWAY WITH TRIPLE P ONLINE
WWW.TRIPLEP-PARENTING.COM/PIERCECOUNTY
“I feel like I’m equipped with the knowledge and tips and tricks to manage tantrums and day-to-day challenges.”

Emily, mother of 1
“What is the most important thing we can all do to prevent children developing behavior problems, emotional problems or learning problems? We need to support parents in the most important job in the world—which is raising kids.”

Professor Matt Sanders
Founder, Triple P – Positive Parenting Program®
“At first I was reluctant to do a parenting program. I have learned so much [from Triple P Online] and the behavioral change is much greater if you stick with reinforcing the positives with your child.”

Nicky, mother of 2
TRIPLE P ONLINE
PUTS YOU IN CONTROL SO YOU CAN:

• Choose the strategies that fit your family
• Do your course anywhere, anytime – 24/7
• Work at your own pace
• Print your graduation certificate once you’ve successfully finished the program
TRIPLE P ONLINE WILL HELP YOU

SETTLE TANTRUMS AND CONFLICTS
for a calmer, less stressful family life

ENCOURAGE GOOD BEHAVIOR
to see more of the behavior you like

TACKLE DISOBEDIENCE
to give an instruction once, not 50 times
TRIPLE P ONLINE WILL HELP YOU

TEACH YOUR CHILD NEW SKILLS
to grow their confidence and independence

NEGOTIATE BOUNDARIES AND EXPECTATIONS
so everyone knows what to do and when

EQUIP THEM TO HANDLE LIFE’S PROBLEMS
to prepare kids for school and beyond
IT REALLY WORKS

4 MILLION + FAMILIES HAVE BEEN HELPED BY TRIPLE P POSITIVE PARENTING

330+ TRIALS AND STUDIES THAT SHOW TRIPLE P WORKS

1ST TRIPLE P ONLINE PROGRAM PROVEN TO WORK
“You know you’re learning to be a better parent, so I was happy to do [Triple P Online]. I didn’t find it hard; it was for a good cause.”

Greg, father of 2
ACKNOWLEDGMENT
Triple P Online is brought to you by Tacoma-Pierce County Health Department—promoting healthy people in healthy communities.

TO FIND OUT MORE ABOUT FREE TRIPLE P ONLINE:
WWW.TRIPLEP-PARENTING.COM/PIERCECOUNTY