Under 21?
No tobacco or vapor products.

January 1
Effective Jan. 1, 2020, you must be 21 to buy.

This includes:

- **Vapor products**—like Juuls, drops, tanks and pens.

- **Tobacco products**—like cigarettes, cigars, cigarillos, hookah and chewing tobacco.
Protect Our Youth
Talk about tobacco and vapor.

Did you know?

The U.S. Surgeon General declared vaping an epidemic among our youth in 2018.

In 2018, 23 percent of Pierce County 10th graders reported vaping in the past 30 days. This increased from 14 percent in 2016.

What can you do?

Talk to school-aged youth early and often. Let them know nicotine affects health and development. It can damage the parts of their brain responsible for attention, learning and memory.

Need help to quit?

Get free help to quit smoking and vaping:

- Find tools and resources online at tpchd.org/quit.
- Call 1 (800) QUIT-NOW for counseling and coaching.
- Download an app to help you quit at doh.wa.gov/quit.

Learn more about Tobacco and Vapor 21 at tpchd.org/tobacco21.