Clean and Disinfect to Stop Hepatitis A

Hepatitis A is a very contagious virus that can be life-threatening.

Clean and disinfect well.
1. Put on gloves and a mask.
2. For vomit, diarrhea or blood: pour baking soda or cat litter on it to absorb liquid.
3. Use a paper towel to pick up solids and put them in a trash bag. Do not vacuum.
4. Clean the surface with soapy water.
5. Open a window or turn on a fan.
6. Disinfect surface with bleach water.
7. Wait 2 minutes.
8. Rinse surface with water.
9. Dry surface with a paper towel or let it air dry.

Make disinfecting bleach water.
1. Add 1 gallon water to a bucket.
2. Add bleach to the bucket.
   1 cup concentrated (8%) bleach  OR  1 ½ cups regular (5%) bleach
3. Mix well. Good to use for 24 hours.

Frequently clean and disinfect surfaces people touch often.

Bathroom surfaces
Kitchen surfaces
Items people touch often

For more information, visit www.tpchd.org/hepatitisa.