



*Use all your  
superpowers  
for good!*

*Helping patients quit tobacco/nicotine  
vape: The basics for providers*

**Learn how to perform effective tobacco interventions and increase the likelihood your patients will quit and stay quit.**

**Objectives**

- Learn “best practices” for quick behavioral tobacco cessation interventions for your patients.
- Understand the power of provider influence on quit attempts.
- Build confidence and expertise through role play with other providers.
- Identify local resources to help support your patients’ quit attempts.

**Presenter:**



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To schedule a class for your clinic staff or your providers, contact Heidi Henson, (253) 223-7538 or [barefootheidi@mindspring.com](mailto:barefootheidi@mindspring.com).

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