



Violence Prevention Report

2017

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Introduction

Childhood experiences matter! In fact, a child’s first 1,000 days lay the foundation for his or her future. Nurturing relationships and healthy environments foster good health. We want to ensure all children have the opportunity to thrive.

Family Support Partnership (FSP) is a community effort. Serving Pierce County for more than 20 years, we work with families, partners and local leaders to strengthen families. Research shows communities can strengthen families when they:

- Partner with parents/caregivers to overcome challenges.
- Create opportunities to build strong support networks.
- Connect families with basic needs when they need it.
- Provide families with parenting and health education.
- Partner with parents and caregivers to support healthy emotional and social development.

Based on this research, our Family Support Centers provide these services:

- Home visiting.
- Individual and group parenting education.
- Connections to community resources.
- Education and enrollment assistance for Washington Connections benefits and services.

Family Support Centers

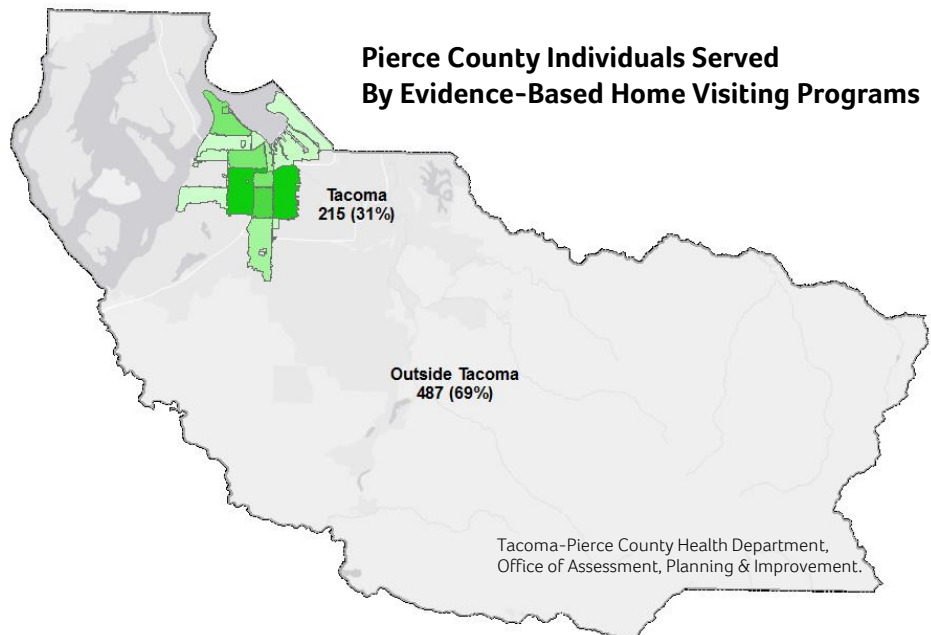
Family Support Centers (FSC) house a wide array of community-based services. FSCs serve as hub to help families find the resources and services they need to achieve their goals. Designed to meet the specific needs of families within each community, not all FSCs offer the same services. Pierce County Family Support Center locations include:

Incorporated Pierce County

- Eastside Tacoma.
- Orting.
- Sumner.

Unincorporated Pierce County

- Bethel.
- Key Peninsula.
- White River.



Services

Services provided through each Family Center include:

- In-home family support and advocacy.
- Parenting classes and support groups.
- Relative support groups.
- Nutrition services.
- Referrals to resources:
 - Immunizations.
 - Counseling.
 - Child development education.
 - Domestic violence intervention.
 - Drug and alcohol abuse intervention.
 - Life-skills training.
 - Child development screening.
 - Family activities (Mom and tot, family fun nights, etc.).



TABLE 1: FSC staff facilitated support

Individuals served by:	Jan-Mar	Apr-Jun	Jul-Sept	Oct-Dec	TOTAL
Referrals to community resources	6,730	5,821	6,605	7,974	27,130
Parenting classes and support	930	710	322	996	2,958
Community or other events	498	386	438	261	1,583

Contracted Services

To achieve safe and nurturing environments for children, Family Support Partnership provides:

Evidence-based models

Promoting First Relationships (PFR) and Positive Parenting Program (Triple P) help families improve parenting and their children’s behavior.

Child development education

Families and caregivers need to better understand child behavior. Education allows caregivers to effectively and positively promote better behavior.

Resource referral

We refer families to a wide variety of community services to meet their basic needs.

Process and Outcomes

Home Visiting

Addresses the needs of the entire family and includes:

- A **Protective Factors assessment** determines the family’s strengths and risk factors. It includes research-based screening tools such as:
 - Ages and Stages.
 - Depression, Anxiety, and Stress Scale.
 - The Injury Prevention Program (TIPP) Safety Assessment.
 - Adverse Childhood Experience (ACE).
 - Parenting Scale (Triple P).
- A **Family Service Plan**. The family and Family Support Worker (FSW) develop the plan based on the Protective Factors assessment. It outlines family goals and gives the parent homework. Using small, achievable steps or tasks, the family can reduce risk factors. A regular follow-up at each visit helps with progress toward family goals. It also helps them complete the evidence-based program’s session.
- **Education** in the areas of:
 - Child development.
 - Parenting.
 - Family relationships.
 - Home safety.
 - Violence prevention.
- **Resources** for other family needs including:
 - Counseling.
 - Financial assistance.
 - Housing.
 - Basic needs.

2017 SUMMARY

- **1,760** home visits.
- **1,037** individuals served.
- **224** families received evidence-based parenting.
- **251** families received home visiting services.
- **155** were evidence-based parenting graduates.

FAMILY ENGAGEMENT

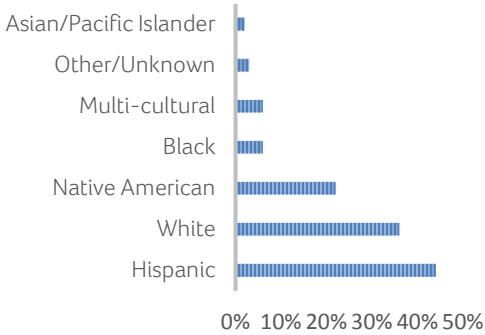
Family Support Workers engage with families on a weekly basis for up to 20 weeks. 9.5 workers served families in 2017.

Outcomes

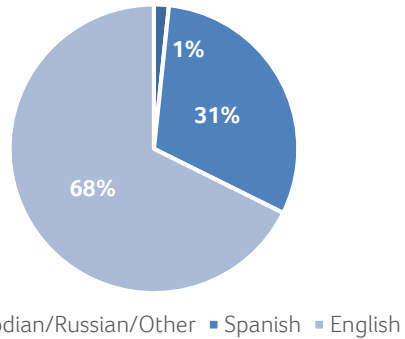
- **100%** of children met developmental milestones.
Measured by Ages and Stages (ASQ) assessment.
- **96%** of evidence-based graduates improved their relationship with their children during services.
Measured by Knowledge, Behavior, Status (KBS) assessment.
- **92%** of parents improved their mental health.
Measured by Depression, Anxiety, and Stress Scale (DASS) assessment.

Client Characteristics

RACE/ETHNICITY



LANGUAGE



INCOME

Although the primary source of income is employment, **63%** of families served are **below the poverty line**. More than 87% are below 150% of the poverty line.

DISABILITY

10% of clients have a **documented disability**. Some disabilities include: mental/emotional, physical, developmental or varying combinations.

ACES SCORES

10% of parents have an ACEs score of **8-10**.
46% of parents have an ACEs score of **1-4**.

28% of parents have an ACEs score of **5-7**.
16% of parents have an ACEs score of **0**.

A PERSON WITH FOUR OR MORE ADVERSE CHILDHOOD EXPERIENCES IS:



Source: <http://www.first5cc.org>

Without adequate support [and] early intervention, exposure to ACEs and toxic stress can lead to an intergenerational cycle of instability and poor outcomes in core areas such as education, health and well-being, and economic security.”

Source: <http://ascend.aspeninstitute.org/pages/emerging-brain-science>

Partners

Family Support Partnership is a community effort. We partner with many agencies and community groups. Some of these are:

- Bethel School District.
- Catholic Community Services.
- Centro Latino.
- Children’s Home Society.
- El Camino.
- First 5 Fundamentals-
Project Child Success.
- Harvest Pierce County.
- HopeSparks.
- Institute for Family Development.
- La Colectiva Legal Del Pueblo.
- MultiCare.
- Olive Crest- Safe Families.
- Orting School District.
- Readiness to Learn.
- SeaMar.
- Sumner School District.
- Tacoma Public Schools.
- Tacoma Urban League.
- United Way.
- White River School District.
- WSU Expanded Food and Nutrition
Education Program.