

TPCHD Treatment Services
Methadone Maintenance Program

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The purpose of the document is to clearly establish the requirements for an individual to be admitted to the TPCHD Treatment Services Methadone Maintenance Program. Furthermore, this document is intended to assist the individual in understanding how to meet those requirements.

Admission Process

1. The “Admission Process” is comprised of documentation required (I-IV below), Urinalysis, Assessment, “Sick Physical” and first dose of Methadone.
2. Provide the following five required items:
 - I. Photo Identification (Drivers License, Tribal ID, Military ID, DOC Id, etc)
 - II. Current prescription medications (bring prescription bottles into admin office).
 - III. Method of payment for admission process (see explanation below).
 - IV. Urinalysis

Note: Items (I- IV) can be provided to the Treatment Services Administration office any weekday, (except holidays), between 5:00 AM and 2:30 PM. Bring all items at the same time and be prepared to provide a urine sample.

Note: Urinalysis’ positive for Benzodiazepines will delay/prohibit admission.

Methods of payment for Admission Process are as follows:

- \$200.00 cash, credit, or debit card.
- Agreement to pay Treatment Services \$200.00 in 10 installments of \$20.00. Individuals can request this form from the front office.
- **For all Medicaid covered individuals, fees do not apply.**



How it works

1. Provide required items to admin office weekdays between 5:00 AM – 2:30 PM.

(See above Admission Process I-IV).

- a. At this time you will be scheduled for an assessment.
2. Arrive on time for the assessment appointment.
 - a. The assessment takes approximately two hours, do not bring children or pets.
 - b. Be functional, you must be able to communicate clearly, without interruption.
 - c. Following the assessment you will receive the appointment date and time for your “Sick Physical”. **Do not be late for this appointment. If you arrive more than 15 minutes late you will not be seen and will have to be re-scheduled.**
 3. Arrive on time for your “Sick Physical”.

(Be sure to drink lots of water)

- a. Do not use any illicit drugs or alcohol prior to the “Sick Physical”.
 - b. Arrive sick. This means you should be in the first or second stage of withdrawal. Symptoms of withdrawal include yawning, sweating, tearing, runny nose, tremors, hot/cold flashes, body aches, cramping.
 - c. We know you will be sick and the Physician will see you at the scheduled appointment time.
 - d. You will see the Nurse and Doctor. The Doctor must verify you are experiencing physical withdrawal from opiates.
 - e. Upon Successful completion of your “Sick Physical” you will be admitted and receive your first dose of Methadone.
4. Will see a Phlebotomist. **(Be sure to drink a lot of fluids)**
 - a. TB Test will be performed
 - b. Lab Work will be done. Make sure you are hydrated by drinking a lot of water.

Note: Pregnant and/or transferring patients will not need to be “sick” but will be scheduled to see the Doctor. These patients will be admitted and dosed at the discretion of the program Physician.

Dosing

1. Great care is taken to prevent the chance of over-dosing.
 - a. Beginning dose is 30mg and subsequent dose adjustments will be determined by program Physician.
 - b. Patients transferring from another facility will be dispensed



c. based on last dose received at

clinic they are transferring from.

2. Lock Boxes are required for doses to be taken out of this clinic.
 - a. Each patient must have his/her own lock box.
 - b. Lock boxes must be made of wood, metal, or hard plastic.
 - c. Lock boxes must physically lock.
 - d. Lock boxes must have patient number affixed inside of box.
 - e. Lock boxes will be locked in the Nurse's presence.

Note: Patients will not receive “take home” doses without a lock box.

Dosing Hours

- Monday through Friday 5:00 AM – 11:30 AM.
- Saturday 5:00 AM – 8:30 AM. Patients will receive a “take home” dose for Sunday (and legal holidays) provided they bring their lock box on the day prior to Sunday or recognized legal holiday.
- Dosing windows are closed daily between 9:30 AM – 10:00 AM.

Cost of Treatment

- Current Methods of payment for treatment include Medicaid, Commercial Insurance, Cash, Credit or Debit Card.
 - The daily cost of Methadone is \$13.75
 - Urinalysis cost is \$9.25 each.

Note: Weekly urinalysis is required for the first 60 days.

Length of time prior to formal admission to program

Although admission timeframes can vary, the following items will aid in understanding:

- **First date of contact is considered by administration to be the date patient provides all required documentation (see admission I-IV) is scheduled for an assessment and a UA is collected.**
- The sooner the required items (see admission I-IV) are received by Treatment Services Administration, the sooner the patient can be scheduled for their Assessment and sick physical.
- Delay in providing the required items will delay the entire process.
- Urinalysis' positive for Benzodiazepines will result in no admission to the program until Benzodiazepine free UA can be provided.
- Missed appointments will also delay admission to the program.

