



*Use all your
superpowers
for good!*

Helping patients quit smoking: The basics for providers

Learn how to perform effective tobacco interventions and increase the likelihood your patients will quit tobacco.

Objectives

- Learn “best practices” for quick behavioral tobacco cessation interventions for your patients.
- Understand the power of provider influence on quit attempts.
- Build confidence and expertise through role play with other providers.
- Learn the correct billing codes for tobacco interventions.
- Identify local resources to help support your patients’ quit attempts.

Presenter:



Heidi Henson MA, CTTS

Mayo Clinic Certified Tobacco
Treatment Specialist

Facilitator, Trainer, Health Educator,
Freedom From Tobacco Program

Program Coordinator, Living
Tobacco-free, Auburn Valley YMCA

Co-Chair, Tobacco-free Alliance
of Pierce County

Program Coordinator,
Freedom From Tobacco Program
at CHI Franciscan Health

To schedule a class for your clinic staff or your
providers, please call (253) 223-7538.



In partnership with The Exchange Club of Tacoma



Our best care. Your best health.™