Stay home. Stay healthy.

What does stay home stay healthy mean?
You must stay home except for supplies and services like:
- Food and household supplies.
- Medicine or medical care.
- Travel to work for authorized jobs.

What can I still do?
- Go outside and exercise. Practice social distance.
- Keep 6 feet between you and people who don’t live with you.
- Avoid people you don’t live with.
- Order delivery or takeout.

What are authorized jobs?
Stay home stay healthy applies to all people except those who work approved jobs that are:
- Essential. Public works, first responders, healthcare.
- Reopened by the state. With social distancing measures in place.

Why should I stay home?
Staying home is the best way to protect yourself, your family and your community. It helps:
- Keep healthcare facilities open to those who need them.
- Protect people with higher risk of severe illness.
- Reschedule non-emergency appointments.

Learn more and stay updated at tpchd.org/coronavirus.