When is your child too sick for school?

Going to school every day is a powerful predictor of school success and on-time graduation. Department of Education says children who miss less than 9 school days generally perform better in school. When deciding whether your child is too sick to go to school, follow these guidelines.

Send your child to school if...
- They have a runny nose or just a little cough, but no other symptoms.
- They haven't taken fever-reducing medicine for 24 hours, and haven't had a fever during that time.
- They haven't thrown up or had diarrhea for 24 hours.
- They don't feel great, but have no other significant symptoms. They didn't sleep well, and are kind of tired.

Keep your child home if...
- They feel sick and have had a temperature of greater than 100.4°F in the past 24 hours.
- They throw up 2 or more times in 24 hours.
- They have diarrhea 3 or more times in 24 hours.
- Their eye is pink and crusty.
- They have a chronic cough or green nasal discharge.

Call the doctor if...
- They have a temperature greater than 100.4°F for more than 2 days.
- They throw up or have diarrhea for more than 2 days.
- They’ve had the snuffles for more than a week, and aren’t getting better.
- They still have asthma symptoms after using asthma medicine. (Call 911 if they have trouble breathing after using an inhaler.)