

# Hepatitis A

Health warning for people living homeless

## Hep A is spreading in people living homeless in the U.S.

### What is it?

#### Hep A:

- Is a virus.
- Can spread easily.
- Can cause severe liver disease.

### How it spreads:

Hep A is in the poop of someone with Hep A. If they haven't washed their hands after using the toilet, the germs can spread on things they touch.



Germs from poop.



Sharing contaminated food.



Touching contaminated objects.



Sex with someone who has hep A.



Sharing drug items.

### Symptoms of Hep A:



Fatigue, fever.



Nausea, stomach pain, vomiting, no appetite, dark pee, pale poop, & diarrhea.



Jaundice (yellow skin & eyes).

Hepatitis A is more serious for people with hepatitis C, diabetes, or other health problems.

**Prevent Hepatitis A. Get the shot. Wash your hands or use hand sanitizer.**

### How to get help:

If you think you might have hepatitis A, see your doctor or go to the emergency room.

Talk to your doctor or medical service staff about getting the hepatitis A shot. Most pharmacies also offer the hep A shot.