

Fresh Air Everywhere

A publication of the Tacoma-Pierce County Health Department Spring 2003

You are receiving this newsletter because you care about smoke-free dining. If you do not wish to receive further newsletters, please call 253 798-4745 or e-mail jarue@tpchd.org.

Starting a Fresh Air Community Coalition

Are the people of Pierce County interested in promoting smoke-free places? The Tacoma-Pierce County Health Department and the Tobacco Advisory Board of Pierce County will host a meeting the evening of **Tuesday, June 17th** to find out. Similar groups in other counties are currently promoting smoke-free restaurants, bars and apartment buildings.

If you would like to attend, please RSVP to [253 798-4745](tel:2537984745) or jarue@tpchd.org with your name, address and phone number. We will contact you with more information about location and meeting time.

If you had experience with Project Assist or Tobacco-Free Pierce County, your presence is particularly welcome.

Please Join Us

A Need For Fresh Air Housing



As the increased understanding of the serious health effects of secondhand smoke (SHS) has continued to grow, so has the concern over the unwanted movement of SHS between multifamily rental residences.

In January 2003, a phone survey of over 1,100 adult residents of Pierce and Kitsap Counties was conducted as part of a project examining secondhand smoke in multifamily rental residences.

Key findings include:

- Almost half (42%) of respondents report that SHS gets into their rental residence from somewhere else in or around the building.
- 72% of residents who encounter the movement of SHS into their homes say that it bothers them.
- Two-thirds of multifamily rental residents say they are interested in living in smoke-free housing.
- More than three-quarters of the renters say they would be likely to choose a non-smoking building over a similar building that allows smoking.

Tacoma-Pierce and Kitsap County Health Departments are in the process of developing a smoke-free housing registry and educational materials for landlords and tenants. For more information contact Jill Smith, RN at [253 798-4715](tel:2537984715).

Clearing the Air:

The Smart Business of Being Smoke-Free

The Tobacco Advisory Board of Pierce County is hosting a community dialogue on the financial and health benefits for businesses that become smoke-free. The conference is **Friday, May 9th** from **9:30am to 1:00pm** in the Gothic Ballroom the Landmark Convention Center, 47 Saint Helens Avenue in Tacoma. Please call **253 798-4709** to register.

"Thank You" Letter from the Public

I want to thank you for the Winter 2003 publication "Fresh Air Everywhere." Although we live in South King County we are in Pierce County quite a bit and use your restaurant guide to pick where to eat. I particularly enjoyed the articles "No Smoking in the Dining Room", and "Remember! Not All Restaurants Are Smoke Free Yet!" There is another type of restaurant that really bugs me. That is the one that makes the person who wants non-smoking dining pass through the smoking area!! They also generally have their cash register in the smoking area. Have these people got it backwards or not? I feel you could accomplish at least a little with these places if you could get them to change their smoking/non-smoking layout. Thanks for all your efforts.

Sincerely,

Fresh Air Advocate

(We were unable to contact the letter writer for permission to print his name)

Legislative Update

As you probably know by now, Washington State will not have 100% smoke-free workplaces next year. Although Senator McCauliffe (D-Everett) and Representative McDermott (D-West Seattle) proposed bills that would make all indoor public places smoke-free, neither bill made it through the legislature this year.

The House Health Care committee is the only place that a vote on the bill occurred. Two Pierce County legislators on that committee, Jeannie Darneille (D-Tacoma) and Dawn Morrell (D-Puyallup), voted in favor of the bill. If you would like to thank either of them, please call, email or send a note.

Jeannie Darneille
Olympia Office:
PO Box 40600
320 John L. O'Brien Bldg.
Olympia, WA 98504-0600
(360) 786-7974
darneille_je@leg.wa.gov

Dawn Morrell
Olympia Office:
PO Box 40600
332 John L. O'Brien Bldg.
Olympia, WA 98504-0600
(360) 786-7968
morrell_da@leg.wa.gov

Make the "Fresh Air" Choice

Instead of Smoking

Outback Steak House

Applebee's

TGI Fridays

Denny's (Lakewood or Tacoma)

Shari's (Bonney Lake or Tacoma)

How about Smoke-Free?

Ruby Tuesday

Olive Garden

Red Robin

Denny's (South Hill)

Shari's (South Hill)

FRESH AIR EVERYWHERE

Fresh Air Campaign
107 North Meridian
Puyallup, WA 98371
Tel: 253 798 4745
Fax: 253 798 6007
www.tpchd.org/DiningGuide



Washington's Tobacco Quit Line

1-877-270-STOP
English: 1-877-2NO-FUME
Spanish: 1-877-777-6534

Free customized quit plans, referrals to local resources, phone counseling and support.