

## Revised Recommendations: HIV Testing

In September 2006, the Center for Disease Control and Prevention (CDC) issued revised HIV testing recommendations for adults, adolescents and pregnant women. The guidelines now advise **routine HIV testing in all healthcare facilities** including hospital emergency departments, urgent care clinics, inpatient services, substance abuse treatment clinic, public health clinics, community clinics, correctional healthcare facilities and primary care settings.

Routine HIV screening is a policy that applies to all patients regarding the recommendation, decreases stigma and promotes an opportunity for disease prevention education and care. Increased testing results in timely access to life extending HIV infection treatment and social service support for HIV positive persons. Increased testing also allows HIV positive persons to receive prevention education services that reduce HIV transmission to others.

### HIV Testing Recommendations:

- **Routine HIV screening** for all patients ages 13 to 64 seeking health care for any reason, without regard to patient's known risk for HIV infection.
- **Annual HIV screening** for patients known to be at high risk.
- **Remove the requirement** of pre-test counseling (risk assessment).

For additional information call 253 798-6500.

[CDC Revised Guidelines for HIV Testing](#)