

# Childcare Exclusions



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Communicable Disease Division  
3629 South D Street, Tacoma, WA 98418  
(253) 798-6410 (phone) • (253) 798-7666 (fax)

Dear Parent or Guardian:

Please keep your child home from childcare if he or she has one of these conditions or illnesses listed below. Exclusion from attending childcare is necessary when your child is either too ill to participate in normal childcare activities, the condition or illness creates an unsafe or unhealthy environment for others at childcare, or when the illness requires a level of care or observation that cannot be managed at childcare.

## Conditions requiring exclusion:

<b>Chicken Pox/Varicella</b>	Keep home until all blisters have scabs and no new blisters are forming.
<b>Fever</b>	Keep home if fever over 100.4°F accompanied by behavior changes or other signs and symptoms of illness such as sore throat, rash, vomiting, diarrhea, earache, irritability or confusion.
<b>Impetigo</b>	Keep home until after 24 hours of antibiotics.
<b>Influenza/Flu</b>	Keep home until fever-free for 24 hours.
<b>Mumps</b>	Keep home until nine days after onset of swelling.
<b>Ringworm</b>	Keep home until after medical treatment is started.
<b>Scabies</b>	Keep home until treatment is completed.
<b>Shingles</b>	Keep home until rash can be covered or when all lesions have crusted.
<b>Skin infections/MRSA</b>	Keep home until drainage can be contained with a dry, clean dressing.
<b>Strep throat/Scarlet fever</b>	Keep home until child has taken antibiotics for 24 hours and is fever-free.
<b>Viral gastroenteritis</b>	Keep home until child is without vomiting and diarrhea and can participate in normal childcare activities.
<b>Whooping cough/Pertussis</b>	Keep home until child has had five days of appropriate antibiotic treatment.
<b>Other less common infectious diseases may require exclusion</b>	Check with your childcare's policy and Tacoma-Pierce County Health Department: (253) 798-6410, press "0"

Source: Infectious Disease Control Guide for School Staff 2014; Department of Health; Office of Superintendent of Public Instruction

**Conditions generally not requiring exclusion** (unless child is not able to participate in normal childcare activities or meets other exclusion criteria):

- Bronchitis
- Common colds (without fever)
- Conjunctivitis
- Cytomegalovirus (CMV) virus
- Fifth disease
- Ear infection
- Hand-Foot-and-Mouth disease
- Molluscum Contagiosum
- Mononucleosis
- Pinworm
- Pneumonia
- Respiratory Syncytial Virus (RSV)
- Warts

Exceptions to the exclusion/return guidelines may be made by the local health department, primary care physician and childcare centers on an individual case-by-case basis.