Travel Immunizations

Contact the resources below for specific information.
Services and fees may vary.

Recommendations

- Begin travel medical preparation two months before your trip begins. Vaccines may require more than one dose, separated by up to a month. Vaccines also require some time to build your immunity. If you wait too long to begin travel medical preparation, you may not be adequately protected by the time your trip begins.

- Plan ahead. If you wait too long to schedule an appointment, you may not have enough time to complete your travel medical preparation.

- Some travelers have special needs to consider—especially the elderly, pregnant women, very young children, travelers with medical problems or travelers taking certain medications. An in-clinic consultation may be necessary for these travelers.

- Information provided online or over the telephone may not specifically apply to your health situation or travel plans. An in-clinic consultation may be helpful in determining your travel medical preparation needs.

- Bring your immunization records with you to an in-clinic consultation.

Travel Clinics

**Traveler’s Health Service**
1624 S. I Street Suite #405
Tacoma, WA 98405
(253) 428-8754
www.nwmedicalspecialties.com

**Passport Health**
4301 South Pine Street, Suite 27
Tacoma, WA 98409
(206) 414-2709
www.passportealthusa.com

**Virginia Mason Travel Clinic**
33501 First Way South
Federal Way, WA 98003
(253) 874-1638
www.virginiamason.org/Travel-Health

Additional Resources

**Rite Aid Pharmacy**
Tacoma: (253) 474-2120
Lakewood: (253) 584-2119
Gig Harbor: (253) 851-6939

**Safeway Pharmacy**
Tacoma: (253) 566-9217
Puyallup: (253) 841-1534
Milton: (253) 952-0390

**Fred Meyer Pharmacy**
Tacoma: (253) 475-6073
University Place: (253) 460-4033
Sumner: (253) 826-8433
Puyallup: (253) 840-8183
Bonney Lake: (253) 891-7333
University Place: (253) 460-4033

Online Resources

**Centers for Disease Control and Prevention (CDC) Travelers’ Health**
wwwnc.cdc.gov/travel

**United States Department of State Travel Information**
www.travel.state.gov

**World Health Organization (WHO) International Travel and Health**
www.who.int/topics/travel/en

**International Society of Travel Medicine**
www.istm.org

**American Journal of Tropical Medicine and Hygiene**
www.ajtmh.org

**Travel Health Online**
www.tripprep.com