Travel Immunizations



Contact the resources below for specific information. Services and fees may vary. Communicable Disease Control 3629 South D Street, Tacoma, WA 98418 (253) 798-6410 (phone) • (253) 798-7666 (fax)

Recommendations

- Begin travel medical preparation two months before your trip begins. Vaccines may require more than one dose, separated by up to a month. Vaccines also require some time to build your immunity. If you wait too long to begin travel medical preparation, you may not be adequately protected by the time your trip begins.
- Plan ahead. If you wait too long to schedule an appointment, you may not have enough time to complete your travel medical preparation.
- Some travelers have special needs to consider—especially the elderly, pregnant women, very young children, travelers with medical problems or travelers taking certain medications. An in-clinic consultation may be necessary for these travelers.
- Information provided online or over the telephone may not specifically apply to your health situation or travel plans. An in-clinic consultation may be helpful in determining your travel medical preparation needs.
- Bring your immunization records with you to an in-clinic consultation.

Travel Clinics

Traveler's Health Service

1624 South I Street, Suite 405 Tacoma, WA 98405 (253) 428-8754 www.travelershealthservice.org

Passport Health

4301 South Pine Street, Suite 27 Tacoma, WA 98409 (206) 414-2709 www.passporthealthusa.com

Virginia Mason Travel Clinic

33501 First Way South Federal Way, WA 98003 (253) 874-1638 www.virginiamason.org/travelmedicine

Additional Resources

Rite Aid Parmacy	
Tacoma:	(253) 474-2120
Lakewood:	(253) 584-2119
Gig Harbor	(253) 851-6939

Safeway Pharma	су
Tacoma:	(253) 566-9217
Puyallup:	(253) 841-1534
Milton:	(253) 952-0390

Fred Meyer Pharmacy	
Tacoma: (253) 475-6073 University Place: (253) 460-4033	

Online Resources

Centers for Disease Control and Prevention (CDC) Travelers' Health wwwnc.cdc.gov/travel

International Society of Travel
Medicine
www.istm.org

United States Department of State Travel Information
www.travel.state.gov

American Journal of Tropical
Medicine and Hygiene
www.ajtmh.org

World Health Organization (WHO)
International Travel and Health
www.who.int/topics/travel/en

Travel Health Online

www.tripprep.com