

NOROVIRUS CLEAN AND DISINFECT SAFELY

- **Always** wear disposable gloves, masks, eye protection and protective clothing when cleaning up soiled areas.
- **Always** clean visible debris before disinfecting soiled surfaces.
- **Never** mix bleach with ammonia or other chemicals.



1. Clean First

To clean visible vomit or stool:

- Put on gloves, mask and protective clothing.
- Apply an absorbant material, like kitty litter, oatmeal or saw dust over the vomit or stool.
- Scoop up absorbant material into plastic bag and tie it to close.
- Discard bag in a covered garbage container.

2. Disinfect

- Mix a 1:10 solution of household bleach. To do this, add one cup household bleach to nine cups of room temperature water.
- Apply diluted bleach to hard, non-porous, surfaces. Leave the disinfectant on the surface for 10 minutes, rinse with water and allow the area to air dry.

3. Sanitize

During an outbreak of vomiting and diarrhea, increase routine cleaning of frequently touched surfaces:

- Add one Tablespoon of bleach to one quart of water. Make a fresh solution everyday.
- Apply diluted bleach solution to hard, non-porous surfaces. Allow the solution to remain wet for at least two minutes, then wipe dry or allow it to air dry.
- Use this solution on frequently touched surfaces, such as faucets, handles, doorknobs, handrails, and desk tops until the outbreak is over.

4. Soiled carpets should be steam cleaned at 160°F for five minutes.

5. Clothes or linens that become contaminated with vomit or stool should be handled carefully. Wash soiled items with detergent then machine dry.

Alternately, other disinfectant registered as effective against norovirus by the Environmental Protection Agency (EPA) may be used. Be sure to follow the manufacturer's recommendation. A list of EPA approved disinfectants is available at www.epa.gov/oppad001/chemregindex.htm. Be sure to follow the manufacturer's recommendations. Quaternary Ammonium (Quat) based sanitizers that are often found in schools are not effective against noroviruses.